

CITP Leadership and Facilitation Training (2008C)

Training in the Fundamentals of Group Work and Leadership

Many of us spend a considerable amount of our working life in groups. Meetings, skills groups, support groups, discussion groups, rap groups, casework presentations, handovers, meetings with relatives, progress meetings, communication meetings and patient review meetings.

Many of you will also be aware of reluctance or ambivalence as well as a certain amount of anxiety about groups in respect of these meetings and groups. More than likely this is a reflection of the experiences you have in these groups - an experience in varying degrees of fragmentation, conflict, disrespect, poor communication, lack of clarity, lack of tangible outcomes and poorly developed action plans.

Yet groups do develop in a patterned manner and in ways that are recognisable and well accepted. We can make interventions that will minimise problematic functioning and offer leadership.

In this training course participants can expect to learn some of the dysfunctional activities which plague groups, some of the theories of groupwork behaviour and some specific interventions that minimise problematic group activities.

In a well-organised group any member of the group can take functional leadership at any time. Interventions that assist the work to proceed can be made thoughtfully with an understanding of the dynamics and the wider systems at work.

This training course consists of 4 days through the year. A certificate is given to trainees completing the course which includes written and practical assignments. Group Work Training is designed for those who are leading groups or intending to do so. It serves as both an introduction and a refresher to those who already have experience. The training is 'generic' and is suitable for any type of group leadership situation. It is designed to involve participants in reflecting on and using their own experience as a basis for learning.

The course will include:

- planning sessions and courses
- preparing for a group
- beginning a group
- facilitating interaction
- responding to the process
- closing a group

There will be a focus on:

- group work theory
- role theory
- sociometry
- communication in groups
- leadership styles

There will be teaching and supervised practice.

There is an emphasis on developing ability in observing and understanding group behaviour, understanding and managing stages of group development and making use of the Focal Conflict Model.

This is a valuable course for anyone who works with groups of people. The principles of group dynamics will be covered and participants can expect to develop their ability to understand how groups work and how to conduct them.

Dates: 5 Wednesdays: March 12. April 2 (Note: this date has been changed). May 7. May 28. June 25.

Times: 9:00am to 5:00pm

Fee: \$640. Enrol by February 8. Discounted Fee \$625 if paid in full by February 8.

Trainer: Please contact Sara Crane by phoning (03) 366 6132 for further information