



CITP ASSIGNMENTS (for each of the three stages of training)

Introduction:

“It has been said that a person who writes clearly on a particular subject really knows it and is in a position to teach it to somebody else” (Standards and Training Manual). For an inspiring warm-up, read the section titled “Writing” (page 13).

The purpose in you completing these assignments is the integration of theory and practice. You will develop a love of writing by wholeheartedly embracing this task. Your trainers will give a response to the work that you present.

Below are listed the requirements for each of the three stages of training:

Core Curriculum Trainees complete 5 short assignments, 500-1000 words.

1. SELF PRESENTATION

Write a letter to a significant other in which you let them know your motivation for entering training, what you are discovering and how you are beginning to apply what you are learning and developing in you life and/or work.

2. BEING AN AUXILIARY

"Taking up an auxiliary function for another person, is a therapeutic act".

Discuss this statement and describe, giving examples, the function of the auxiliary ego at different stages of a dramatic enactment, or in group work or in social life.

3. INTEGRATION OF ROLE THEORY

Describe the roles operative in a social and cultural atom you have investigated, using diagrams, discussing what changes are called for in the roles, and what interventions you recommend, together with a rationale for the interventions.

Completion of this assignment meets the requirement in Standards and Training Manual: Integration of Role Theory (f) , page 6.

4. INTEGRATION OF SOCIOMETRY

Make a description as part of your work in a training group of the use of a

sociometric measure in a group, setting out the nature of the group, how the sociometric measure was introduced and administered in the group, the criteria, the sociogram, the use made of the measure in the group, and the interventions made as a result of the sociometric investigation.

Completion of this assignment meets the requirement in Standards and Training Manual: Integration of Sociometry (f) , page 6.

5. ORGANISATIONS

Describe an organisation that to a large degree functions as an open system and one that to a large degree functions as a closed system.

Completion of this assignment meets the requirement in Standards and Training Manual: Organisations (b) , page 6.

INTERMEDIATE TRAINEES complete an 'Initial Paper' that will be 2000-3000 words in length and is passed by the Training Institute. The paper reflects the area of speciality that, at this stage, you think you are heading for. Refer to Standards and Training Manual, page 25 (1) for guidance.

Role Trainer:

A description and discussion of a role training session that you have conducted with a person in an individual or group session. The discussion includes an outline of your understanding of the group warm-up, your analysis of the role system of the protagonist in the situation enacted, your rationale for focusing on the area in which you choose to work in the session, and a description of the role training session including the techniques used. This is followed by a critique of your leadership in the session.

Sociometrist

A written analysis of two separate and different organisations or cultural groups indicating changes in the system over time.

Sociodramatist

A description of the roles operative in a social system you have investigated, using diagrams, discussion of what changes are called for in roles and what interventions you would make, together with a rationale for the interventions.

Psychodramatist

A written paper in which you present your understanding and integration of the concepts and theory of the Social Cultural Atom and your application of this in your work with a person over a period of time. This includes a description of what took place over several sessions including your use of the psychodramatic method, discussion and analysis of each session including diagrams, and clinical plans based on the analysis.

ADVANCED TRAINEES complete a thesis.

Refer to Standards and Training Manual, page 25 (2) for guidance.

CITP – updated August 2017