

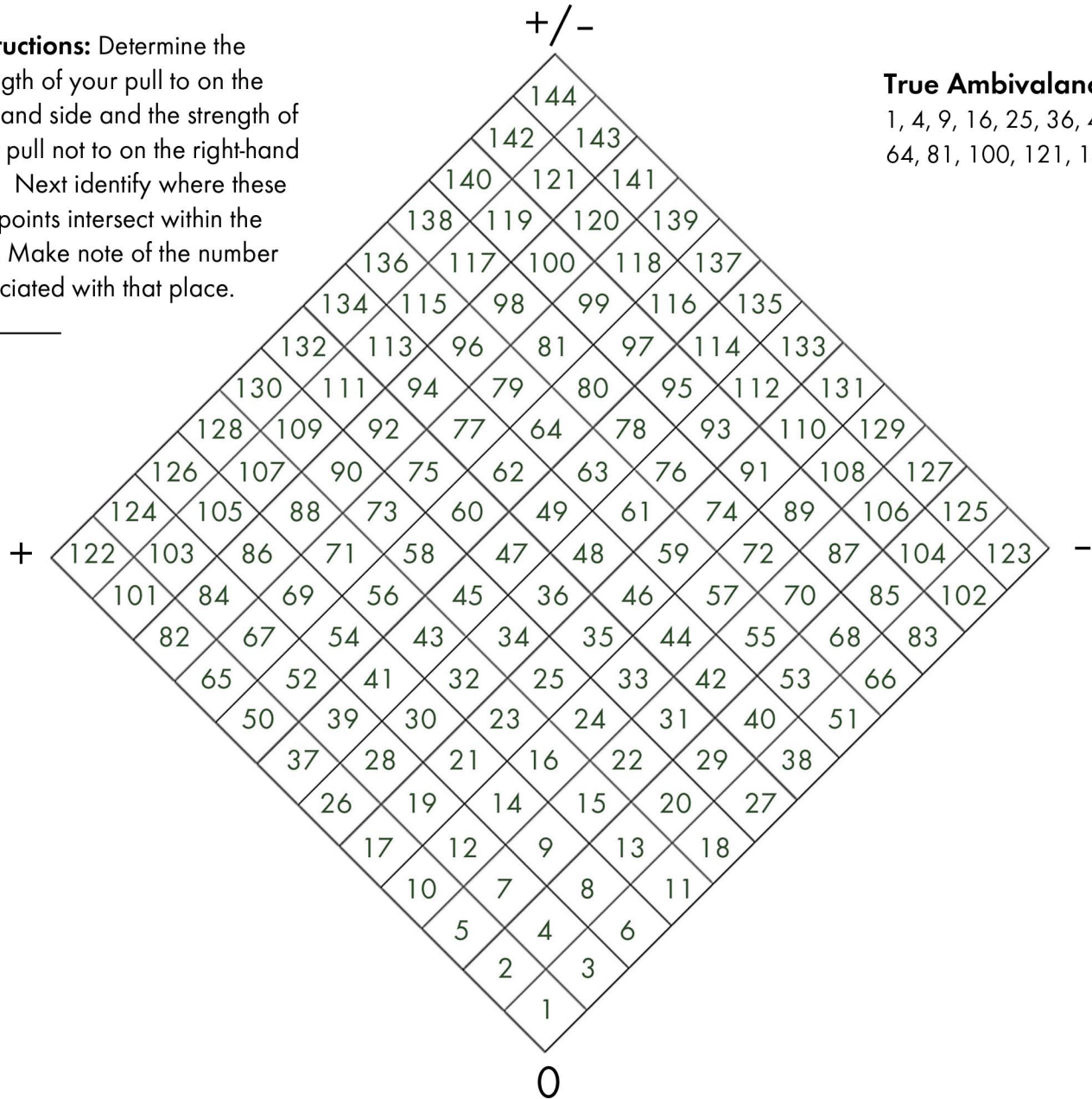
# Diamond of Opposites\*:

12 point grid for use in research and comparisons

**Instructions:** Determine the strength of your pull to on the left-hand side and the strength of your pull not to on the right-hand side. Next identify where these two points intersect within the grid. Make note of the number associated with that place.

**True Ambivalence:**

1, 4, 9, 16, 25, 36, 49, 64, 81, 100, 121, 144



## LEVELS OF DOMINANCE

**Positive dominance:**

50, 52, 54, 56, 58  
65, 67, 69, 71, 73,  
82, 84, 86, 88, 90  
101, 103, 105, 107, 109  
122, 124, 126, 128, 130

**Negative dominance:**

51, 53, 55, 57, 59  
66, 68, 70, 72, 74  
83, 85, 87, 89, 91  
102, 104, 106, 108, 110  
123, 125, 127, 129, 131

**Conflictual dominance:**

64, 79, 96, 115, 136  
80, 81, 98, 117, 138  
97, 99, 100, 119, 140  
116, 118, 120, 121, 142  
137, 139, 141, 143, 144

**Neutral dominance**

1, 2, 5, 10, 17  
3, 4, 7, 12, 19  
6, 8, 9, 14, 21  
11, 13, 15, 16, 23  
18, 20, 22, 24, 25

\*The Diamond of Opposites was created by Linnea Carlson-Sabelli, and published in her 1992 doctoral dissertation "Measuring Co-existing Opposites" University of Illinois.