

# Navigating the Turning Points in Your Life

**Monday, 6<sup>th</sup> May 2024 from 6 - 9 pm**  
**Victory Community Centre, 2 Totara St, Nelson**



**Led by Cher Williscroft and Simon Gurnsey**

Join us for an engaging evening where we explore the *Turning Points* in your life.

This workshop is a unique opportunity to discover your direction and identify how you are supported in it. In this interactive 3 hr session, you will delve into significant moments that have shaped your life and explore how they have influenced the path you're on today.

Through psychodramatic and sociometric techniques, we will help you connect the dots between these turning points and your current aspirations.

By the end of this workshop, you will have gained a deeper understanding of your life's trajectory, warm up to your life's direction, and pinpoint the individuals who have been instrumental in your journey.

This is a chance for you to gain insights with like-minded individuals on a similar quest for personal growth and self-realisation.

Join us as we navigate *Turning Points* together and set a course for your future.

No acting experience required.

**Cost:** Koha to venue hire

**Led by:** Cher Williscroft, Sociodramatist Trainer, Educator, Practitioner  
and Simon Gurnsey, Sociometrist TEPit Psychodrama Trainer, Educator,  
Practitioner  
(ordinary members of AANZPA Inc)

**More information:** Contact Cher Williscroft 027 226 6408 or email [nelson@psychodrama.org.nz](mailto:nelson@psychodrama.org.nz)