ROLE TRAINING MODEL

The following role training model outlines the physical steps and psychological process of a role training session.

CLASSICAL ACTION STEPS

1. Warm-up & Group Contract
   - Group
   - Individual

2. Protagonist for group is selected
   - Sociometric
   - principles

3. Interview & Contract for Action

4. Set Scene Psychological reality

5. Action

6. Assessment & Plan
   - Mirroring
   - Asides
   - Modelling
   - Discussion

7. Practice
   - Mirroring
   - Asides
   - Modelling
   - Discussion
   - Coaching

8. Adequate solution to situation

9. Role test

10. Sharing

11. Group Analysis

12. Homework

PROCESS

Warm-up

- Individual
- Group
- Theme

Warm-up to

Spontaneity in

Role set of situation

Creativity from

use previous warm-up to

Warm-up to

Spontaneity in

Role set of Problem Solving Adult

Creativity from

Consolidation of new role

Integration of role into situational role set

Reintegration of Protagonist into Group

Consolidation of Group Learning

'Conserving' of new role